

10. Assist young people to start their own organization
It is important that you back up young people on every idea and insist them to follow through. Your major role may be to help them get the resources they need. Expect them to try everything. You can expect with every young person you meet that they want to have a bold life and take on leadership. This is not something for just a few. This is a belief about all young people. Expect that their thinking is excellent.
11. Organize strategies for meetings and groups
In this situation ask one or two teens (I often use two) to help lead the meeting. Bring them in ahead of time, brainstorm the goals, plan an agenda, and decide who will run each part of the agenda. Make initial invitations either by phone or in person. Don't just leave a message. Mail or give people a reminder so that they can have the information in writing. Do remind young people by way of phone calls a day before the event. Their world, because of the oppression, is isolated in a 48-hour context. I want to remind you that personal contacts are most successful.
12. Plan concrete projects
Young people and people in general always feel most empowered and most invested in groups that are involved in concrete projects.
13. Get adult support
As an adult you need to get support for yourself. There are several issues that you can share among your adult support system that will be very important: What was your life like when you were a teenager? Be in touch with all the times you were told that you couldn't do something or were stifled or punished for speaking out. Talk about the times that you loved being a young person and the things that you love about being with young people. Share about burn out or frustrations in your current situation working with teens. Share in the delight of your successes.
14. Play and laugh a lot
Young people are full of fun. They love to play. Make meetings as fun and as lively as possible. Make sure that you are creating fun events. These are very important in terms of bonding activities among the teens and adults themselves. The stronger the personal relationships, the stronger the movement or organization. Schedule hangout time also. In our efforts to play and laugh a lot with young people, they ask us to relax around them, to be open-minded, to treat them with equal respect and mutuality.