

Women that feel most understood and truly loved by men when they ...

2. Valuing the strength of the woman and her need for power and control

When it comes to relationships, it's important to appreciate and value a woman's strength and need for independence as part of the interdependence of the coupleship.

Unfortunately, there's a misconception some men have that a strong, independent woman is a threat to their masculinity. Actually, it enhances the strength of a man to let go.

The truth is that a healthy, fulfilling relationship can only exist when both people can support and inspire each other, while maintaining a set of values like: kindness, authenticity, optimism, and compassion.

So, what does it mean to value a woman's strength and independence in a relationship?

It means recognizing and appreciating her accomplishments with humility and not feeling intimidated by them; instead, nurturing with empathy balanced with compassionate boundaries. It means being willing to listen deeply and empathize with her experiences and feelings. It means supporting her dreams and ambitions and being a source of encouragement. And it means respecting her autonomy, agency, and need for power and not trying to control the outcomes or giving unsolicited advice. But also opening communication and working in partnership, being able to have difficult conversations.

By valuing and celebrating a woman's unique qualities and individuality, you're showing her that you respect, unconditionally love, and admire her for who she really is.

It's also important to remember that valuing a woman's strength and need for power doesn't mean ignoring your own strengths and accomplishments. There is always a space with each other for WIN/WIN. Instead, it means recognizing that both partners bring both different and some of the same strengths and qualities to the table, and that a successful relationship is built on togetherness, mutual respect, support, and compassion.