

# Stephen R. Andrew LCSW, LADC, CCS, CGP

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## Professional Experience

- ♥ Health Education & Training Institute, Portland, Maine 1987 - present  
*Storyteller / Chief Energizing Officer*  
Provide training to schools, community task forces, treatment providers, criminal justice, health-care providers and social service agencies. Present workshops, lectures and consultation on basic counseling skills, motivational interviewing, adolescent and adult addictions, children of alcoholics, ethics of caring, treatment approaches, community prevention, group work, working with boys and men, resource development for non-profits, and personal growth workshops for recovering adults. Merged with SpiritWind July, 1999.
- ♥ InnerEdge (in cooperation with Agape) Portland, Maine 1989 - present  
*Clinical Consultant / Visionary*  
Consulting, facilitating and clinical work for this not-for-profit, outpatient program specializing in treatment of addictions for adolescent/adults, and overseeing men's/coed group work. Duties also include providing individual therapy, couples work, psycho education groups and parent education. Provide support to the Clinical Facilitator and Board of Directors.
- ♥ Saint Joseph's College, Windham, Maine 1998 - 1999  
*Social Worker*  
Provide individual and group counseling to the college community. Educate the community on alcohol and other drug use, misuse and prevention. Create and oversee alcohol and drug assessment process. Organize peer leadership programs.
- ♥ Falmouth Public Schools, Falmouth, Maine 1988 - 1995  
*Substance Use, Abuse Counselor*  
Responsible for a comprehensive school and community prevention and intervention program. Organize peer leadership programs, grant writing, short-term counseling, parent education, health promotion education, and group work. Chemical use assessment and community coalition building. State of Maine Prevention Achievement Award.
- ♥ Portland Center for Counseling and Family Therapy, Portland, Maine 1987 - 1989  
*Substance Abuse Counselor*  
Provided short- and long-term individual, couple and group counseling focusing on recovery issues. Performed chemical dependency assessments and organized and facilitated a men's group and adult children support group.

- ♥ Day One (Drug Rehabilitation, Inc.), Portland, Maine 1980 - 1987  
*Executive Director*  
 Responsible for program development, grant writing, supervision of staff, residential and outpatient programs, administration, financial management of \$810,000 budget, fund raising, hiring, staff training, and public relations.
  
- ♥ DARE Schools, Cape Cod, Massachusetts 1975 - 1980  
*Director*  
 Responsible for supervision of residential programs, grant writing, supervision of supervisors, financial management of \$550,000 budget, community work, public relations, and fund raising.
  
- ♥ Hopkinton Youth Commission, Hopkinton, Massachusetts 1974 - 1975  
*Youth Coordinator*  
 Responsible for coordinating interagency referrals, 24 hour on-call crisis counseling, drop-in center, program planning, supervision of street workers.
  
- ♥ Brockton Area Drug Program, Brockton, Massachusetts 1973 - 1974  
*Community Outreach Coordinator*  
 Responsible for coordinating interagency referrals, 24 hour on-call crisis counseling, drop-in center, program planning, supervision of street workers.
  
- ♥ Taunton Municipal Drug Commission, Taunton, Massachusetts 1971 - 1973  
*Drug Counselor/Street Worker*  
 Responsible for street work, crisis intervention, crisis counseling and community drug education. Organized recreational non-profit youth agency.
  
- ♥ Division of Employment Security, Taunton, Massachusetts 1970 - 1971  
*Employment Aide*  
 Responsible for employment counseling and advocacy of welfare recipients.
  
- ♥ Brockton YMCA, Brockton, Massachusetts 1969 - 1970  
*Youth Counselor*  
 Club advisor and athletics coordinator of busing program.

## Consulting Relationships

- Aids Lodging House, Inc., Portland, Maine
- Bath Children's Home, Department of Mental Health, Bath, Maine
- Beech Hill Hospital, Dublin New Hampshire
- Casey Family Services, Portland, Maine
- Department of Psychiatry, Maine Medical Center, Portland, Maine
- Department of Mental Health, Haverhill/Newburyport Massachusetts
- Falmouth Substance Abuse Commission, Falmouth, Massachusetts
- Germaine Lawrence Residential Treatment Center, Arlington, Massachusetts
- Heartquest Camp for Families (Founder)
- Muskie Institute, Portland Maine
- Ingraham Volunteers, Portland, Maine
- Men's Resource Center of Southern Maine (co-founder)
- Omega Institute, (with Robert & Judith Glass)
- Portland Partnership/Fathers Leadership Program, Portland, Maine
- PROP, Portland, Maine
- Rowe Camp & Conference Center, Kindred Spirits Recovery Camp (Founder)
- Spring Hill, Ashby, Massachusetts
- Spurwink School, Portland, Maine
- United Way of Greater Portland, Portland, Maine (AIDS Task Force)
- Waynflete School (private K-12), Portland, Maine

this is a limited list...

## Education / Licensure / Certifications

- Certified Clinical Supervisor (CCS) 2004
  - License #CCS2796
- Licensed Clinical Social Worker (LCSW) 2003
  - Maine (USA) #LC5492
- Training the Trainers, Motivational Interviewing (MINT) 2003
  - Facilitated by William Miller, PhD
- Advanced Motivational Interviewing 2003
  - Facilitated by William Miller, PhD
- Motivational Interviewing Training 2002
  - Facilitated by William Miller, PhD
- Leadership Training (Prejudice Reduction) 2001
  - National Coalition Building Institute
- Certified Group Psychotherapist (CGP) 2001
  - National Registry of Certified Group Psychotherapists
  - License #41980
- Master Addiction Counselor (MAC) 1999
  - License #501790
- Licensed Masters Social Worker (LMSW) 1995
  - License #LM00005492
- Northeastern Society for Group Psychotherapy 1994 - 1997
  - Three year post-graduate training in group work
- Licensed Alcohol and Drug Counselor (LADC) 1994
  - License #LC00001358
- Masters Degree in Social Work (MSW) 1994
  - Boston University School of Social Work - Boston, Massachusetts
  - Concentration: Clinical - Group Work Specialization
  - MSW Internships
    - Maine Medical Center - Portland, Maine 1993 - 1994
      - *Social Worker* - Responsible for acute psychiatric social work services in the Emergency Department, individual therapy and advocacy for psychiatric clients, and group work for dual diagnosis patients
    - Smith House - Portland, Maine 1991 - 1992
      - *Outpatient Counselor* - Responsible for individual and group therapy in an adult addiction agency.
- Bachelors Degree in Social Work (BSW) 1993
  - University of Southern Maine - Portland, Maine

## Published Works

### Books

*Game Plan: A Man's Guide to Achieving Emotional Fitness*, David J. Powell, Alan Philip Lyme, and Stephen R. Andrew. Central Recovery Press (2012)

*Men's Healing: A Toolbox for Life*, David J. Powell, Alan Philip Lyme, and Stephen R. Andrew. Hanley Hope Publishing (2008)

### Papers

Suzanne Mitchell, MS, MD; Robin Heyden, BS; Neil Heyden, BA; Paul Schroy, MS, MD; Stephen Andrew, LCSW; Katerina Sadikova; John Wiecha, MPH,MD "A Pilot Study of Motivational Interviewing Training in a Virtual World", *Journal of Medical Internet Research*, Volume 12, No. 3 (2011)

Recordings - CD "talks" on website [www.hetimaine.org](http://www.hetimaine.org)

*The Gift of Forgiveness*

*The Way of Courage and Kindness*

*Dancing With Your Fears*

*Principles of the Heart*

*Letting Your Spirit Soar*

*Courageous Men and Intimacy*

Videos - DVD's on website [www.hetimaine.org](http://www.hetimaine.org)

*Man to Man*

2001

*A Motivational Interview about Smoking Cessation*

2010

- *“Very informative and valuable. I will use this skill everyday with my clients.”*
- *“I loved this training. I learned and got to practice many new things that I am working on being able to use in sessions now.”*
- *“I came away with a much deeper level understanding of the spirit of M.I. and much less concern about using particular tools.”*
- *“Best training I’ve had. Highly recommend this to co-workers”*
- *"This material is transformative -- it is changing all of my encounters. Thank you. You are a blessing in my life, for personal and professional growth."*
- *“This is very exciting. It has expanded my learning skills. It has made me think about how I can better serve my clients and help to make my work more effective.”*
- *“Enjoyed this training! The knowledge and comfort level was great! This should always be mandated!!”*
- *“Stephen’s style and workshop outline, his creativity and commitment to MI are energizing and motivating.”*
- *“The training was very informational and really made you take a step back from your habits of talking and approach the situation in a different way. The best training I’ve ever been to.”*
- *"I think the quality of presentations was remarkable."*
- *"Life Changing!"*
- *"What can I say - I couldn't have imagined the moments and people I have experienced. You are a jewel - thank you Stephen for the spirit."*
- *“Challenging, rewarding, and extremely relevant.”*
- *"Final Summary? Perfect. Thanks so much."*
- *“This was by far the most helpful training I’ve ever had.”*
- *“Stephen, your ability to inspire the belief this works is amazing. I know this has come to be with practice and I believe you have helped me gain the belief I can do this.”*
- *“Highly experiential makes for great trainings. Passion for the material and emphasis on the therapeutic alliance is essential and greatly appreciated.”*
- *“This has been truly enlightening for me. I like to put excellent because it really surpassed my expectations. This training has done more to educate me than months of class I sat through in classrooms. So thank you so much.”*