

## Teaching Motivational Interviewing in Agencies, Institutions, & Schools

Taught by Stephen R. Andrew LCSW, LADC, CCS

Participants must attend the full three-day training, 9:00 am to 4:00 pm daily

Enrollment is limited to 20 participants.

Acceptance into this training is based on review of the application and the submission of recordings of sessions using Motivational Interviewing skills.

**This is a non-qualifying course (MINT)** It will not qualify participants for membership in the International Motivational Interviewing Network of Trainers (MINT), however participants will be issued a Certificate of Participation upon completion of the workshop (16.5 contact hours in Maine).

### Requirements:

In this advanced, intensive three-day training, proficiency in understanding Motivational Interviewing (MI) is assumed as a starting point so applicants must already have substantial familiarity and experience with Motivational Interviewing. The focus is on training and coaching skills toward teaching MI and facilitating the learning of MI by others. This training does not focus on acquisition of proficiency in the clinical skills themselves.

This training is designed to prepare the health, mental health and correctional professional to teach, train and coach this effective, evidence-based clinical method. Participants will learn a well-developed, sequenced and integrated set of skills for coaching, supervising and teaching MI across various settings.

### During this three-day workshop, participants will:

- Discuss ways to teach, coach this material to others.
- Learn the fundamentals of Motivational Interviewing for use in health care settings.
- Explore, apply ways of integrating Motivational Interviewing to a variety of settings.
- Practice Motivational Interviewing on “challenging” clients through role/real playing and discussion.
- Adapt evidence, practice-based strategies to different populations.
- Understand and be able to explain the rationale and research for Motivational Interviewing.
- Develop a mindful observing “eye” to notice, sense resistance.
- Notice change and commitment language in dialogue.
- Develop ways to integrate this material in coaching and supervision.

### Preparation:

In preparation for this training please fill out the application form below and submit a recording of yourself conducting an interview using Motivational Interviewing (please see our website [www.hetimaine.org](http://www.hetimaine.org) for guidelines about recordings and submission). You will receive feedback once your recording is coded and it might be recommended that you send additional tapes as you work toward proficiency (we are looking for an average of 4 from the Global Ratings).



Health Education & Training Institute  
25 Middle Street  
Portland, Maine 04101  
[www.hetimaine.org](http://www.hetimaine.org)



## Teaching Motivational Interviewing in Agencies, Institutions, & Schools Application Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Agency (if applicable): \_\_\_\_\_

Please briefly describe your experience with Motivational Interviewing including the following:

- Describe your initial Motivational Interviewing training experience (e.g., how, when, and who you trained with)
- What type of supervision/coaching have you had in MI clinical practice?
- Have you previously submitted recordings for coding? If so, how many?
- Describe your view of your practice and the practitioner/client or patient relationship.
- To whom and in what setting do you anticipate teaching MI as a trainer/coach?
- To assess your current level of skill, we ask that you submit an audio recording of a session with a client/patient for coding and evaluation with this application form. (Please visit our [website](http://www.hetimaine.org) for detailed instructions and pricing)

Please submit your application via email to: [heti@hetimaine.org](mailto:heti@hetimaine.org)

Or mail to us at: HETI, 25 Middle Street, Portland, Maine 04101