

**NAME:** Stephen R. Andrew

**POSITION:** Consultant/TA Provider

**EDUCATION:**

University of Southern Maine, Portland, Maine, Bachelor's Degree in Social Work (BSW), 1993  
Boston University School of Social Work, Boston, Massachusetts, Masters Degree in Social Work (MSW), 1994

**Personal Statement:**

Stephen Andrew is a Licensed Clinical Social Worker (LCSW), Licensed Alcohol and Drug Counselor (LADC), Certified Clinical Supervisor (CCS), and MINT Certified Motivational Interviewing Trainer. He has been a member of the international Motivational Interviewing network of Trainers (MINT) since 2003, is the CEO of the Health Education and Training Institute, and has been delivering Motivational Interviewing Trainings for 20+ years. Stephen is the author of five educational books and the host and creator of his MI podcast titled "Conversations in Compassion."

**Professional Experience:**

- ♥ Health Education & Training Institute, Portland, Maine 1987 - present  
*Storyteller / Chief Energizing Officer*  
Provide training to schools, community task forces, treatment providers, criminal justice, health-care providers and social service agencies. Present workshops, lectures and consultation on basic counseling skills, motivational interviewing, adolescent and adult addictions, children of alcoholics, ethics of caring, treatment approaches, community prevention, group work, working with boys and men, resource development for non-profits, and personal growth workshops for recovering adults. Merged with SpiritWind July, 1999.
  
- ♥ InnerEdge (in cooperation with Agape) Portland, Maine 1989 - present  
*Clinical Consultant / Visionary*  
Consulting, facilitating and clinical work for this not-for-profit, outpatient program specializing in treatment of addictions for adolescent/adults, and overseeing men's/coed group work. Duties also include providing individual therapy, couples work, psycho education groups and parent education. Provide support to the Clinical Facilitator and Board of Directors.
  
- ♥ Saint Joseph's College, Windham, Maine 1998 - 1999  
*Social Worker*  
Provide individual and group counseling to the college community. Educate the community on alcohol and other drug use, misuse and prevention. Create and oversee alcohol and drug assessment process. Organize peer leadership programs.
  
- ♥ Falmouth Public Schools, Falmouth, Maine 1988 - 1995  
*Substance Use, Abuse Counselor*

Responsible for a comprehensive school and community prevention and intervention program. Organize peer leadership programs, grant writing, short-term counseling, parent education, health promotion education, and group work. Chemical use assessment and community coalition building. State of Maine Prevention Achievement Award.

- ♥ Portland Center for Counseling and Family Therapy, Portland, Maine 1987 - 1989  
*Substance Abuse Counselor*  
Provided short- and long-term individual, couple and group counseling focusing on recovery issues. Performed chemical dependency assessments and organized and facilitated a men's group and adult children support group.
- ♥ Day One (Drug Rehabilitation, Inc.), Portland, Maine 1980 - 1987  
*Executive Director*  
Responsible for program development, grant writing, supervision of staff, residential and outpatient programs, administration, financial management of \$810,000 budget, fund raising, hiring, staff training, and public relations.
- ♥ DARE Schools, Cape Cod, Massachusetts 1975 - 1980  
*Director*  
Responsible for supervision of residential programs, grant writing, supervision of supervisors, financial management of \$550,000 budget, community work, public relations, and fund raising.

**Other relevant experience:**

- Certified Group Psychotherapist (CGP), 2001
- Master Addiction Counselor (MAC), 1999

**Recent relevant publications:**

Andrew, Stephen R. *Love in Action*. Portland, Spiritwind, 2022.  
Andrew, Stephen R. *Listening Deeply*. Portland, Spiritwind, 2023.  
Andrew, Stephen R. *The Magic of Connection: Art of Compassionate Understanding*. Portland, Spiritwind, 2023.  
Andrew, Stephen R; Noyes, Wendy Beth. *Loving Fully: A Love Song*. Portland, Spiritwind, 2024.  
Andrew, Stephen R. *Male Heart*. Portland, Spiritwind, 2024.  
Andrew, Stephen, host. "Conversations in Compassion" (podcast).  
Suzanne Mitchell, MS, MD; Robin Heyden, BS; Neil Heyden, BA; Paul Schroy, MS, MD; **Stephen Andrew, LCSW**; Katerina Sadikova; John Wiecha, MPH,MD "A Pilot Study of Motivational Interviewing Training in a Virtual World", *Journal of Medical Internet Research*, Volume 12, No. 3 (2011)