## Women that feel most understood and truly loved by men when they ...

## 1: Making them feel physically and emotionally secure and safe.

When it comes to relationships many men focus on the traits of women like physical appearance or financial success, we are trained through social messaging. If these things may be important they are not enough to build a truly meaningful loving fulfilling relationship with a woman, a partner in your life. To make a woman feel understood and loved, men need to create a secure, safe environment where she can truly be her authentic self. This means being empathetic and deeply understanding what it's like to be her, we mean for listening deeply to her and respecting her compassionate boundaries. It means prioritizing her emotional needs and being nonjudgmental. All judgment is a form of violence. In short it makes her feel emotionally safe and secure if you're nonjudgmental and able to understand her perspective of the world. What is she thinking, what is she feeling?.

We can tell you that feeling emotionally secure and safe is incredibly important in a relationship especially with women who you listen to and they have felt the violence emotionally, between men and women. When a woman feels like she can be truly her authentic self around the men in her love life, it allows her to open her heart and trust him on a deeper level it makes her feel empathetically understood and I felt since I've loved

Unfortunately, not all men understand the importance of the emotional security that their love relationship needs. Some men focus too much on the superficial things of protection, providing and they fail to create a safe, secure space for the woman, partners. This will lead to a lack of trust, less communication, less physical intimacy and understanding which will ultimately lead to a tear in the security in the loving relationship.

So what do men do to make the women in their lives feel emotionally secure and safe? It starts with empathy and compassion. And putting yourself in your spirit, your felt sense of them, and truly understanding their perspective of the world, You do not have to agree with your perspective and you must understand their thoughts, feelings and their authentic self, then you can create a supportive loving environment. By being patient, respectful, nonjudgmental you can build safe, secure and create a deep loving connection, Agape ultimately making a woman feel emotionally safe and secure. A space where she can be truly her authentic self and feel understood and loved by your loving speech. It requires skillful empathic understanding and radical acceptance. By prioritizing these qualities, these skills you can build a healthy, secure, loving relationship with the woman you care for and love.